

TENNIS PROGRAMME

TERM 1, 2025 / 2026 SEASON



GET READY TO ELEVATE YOUR TENNIS AT ZAYED SPORTS CITY!

With nine outdoor courts – including a world-class stadium – our venue is the ultimate hub for training, competition and community connection. Following some exciting enhancements, we’re pleased to welcome players to an enhanced experience starting September 2025.

Zayed Sports City brings together a team of world-class tennis coaches dedicated to nurturing talent at every stage. Whether you’re stepping onto the court for the first time or preparing for high-level competition, our programmes are designed to inspire and push your limits.

From engaging grassroots and community programmes to adult coaching and elite performance training, we offer flexible options tailored to fit your schedule and ambitions. Training durations range from 45-minute sessions for our youngest players to intensive 90-minute sessions for advanced athletes, with pricing that suits your preferred frequency ranging from one to three sessions a week.

Join us this season and discover how Zayed Sports City can help you unlock your full potential on the court!

GROUP COACHING (3 YEARS - 13+ YEARS)

STAGE	LEVEL	AGE	DURATION	SINGLE RATE	TERM 1 (1X WEEK)	TERM 1 (2X WEEK)	TERM 1 (3X WEEK)
Little Aces	Red Ball	3-7 Years	45 min Session	AED 100	AED 1,500	N/A	N/A
Rally Stars	Orange Ball	7-9 Years	60 min Session	AED 130	AED 1,950	AED 3,750	AED 5,400
Next Gen Green	Green Ball	9-10 Years	60 min Session	AED 130	AED 1,950	AED 3,750	AED 5,400
Junior Development	Yellow Ball	11+ Years	60 min Session	AED 130	AED 1,950	AED 3,750	AED 5,400
Youth Development	Yellow Ball	13+ Years	90 min Session	AED 220	AED 3,300	AED 6,300	AED 9,000

STAGE	LEVEL	AGE	DURATION	SINGLE RATE	PACKAGE 1	PACKAGE 2	PACKAGE 3
ZSC Performance Team	Elite	11+ Years	120 min Session + 30 min Fitness	AED 300	AED 17,500	AED 15,500	AED 12,500

PRIVATE COACHING

TYPE	NO. OF PLAYERS	DURATION	SINGLE RATE	10 SESSIONS
Private	1 Player	60 min	AED 350	AED 3,150
Semi-Private	2 Players	60 min	AED 250	AED 2,300

ADULT GROUP COACHING

TYPE	DURATION	SINGLE RATE	8 WEEKS PACKAGE
Adult Beginners	60 min	AED 135	AED 1,000
Adult Intermediate/Advanced	60 min	AED 135	AED 1,000
Ladies Only	60 min	AED 135	AED 1,000
Adult Social	90 min	AED 100	N/A